Clinical Disease Activity Index (CDAI)

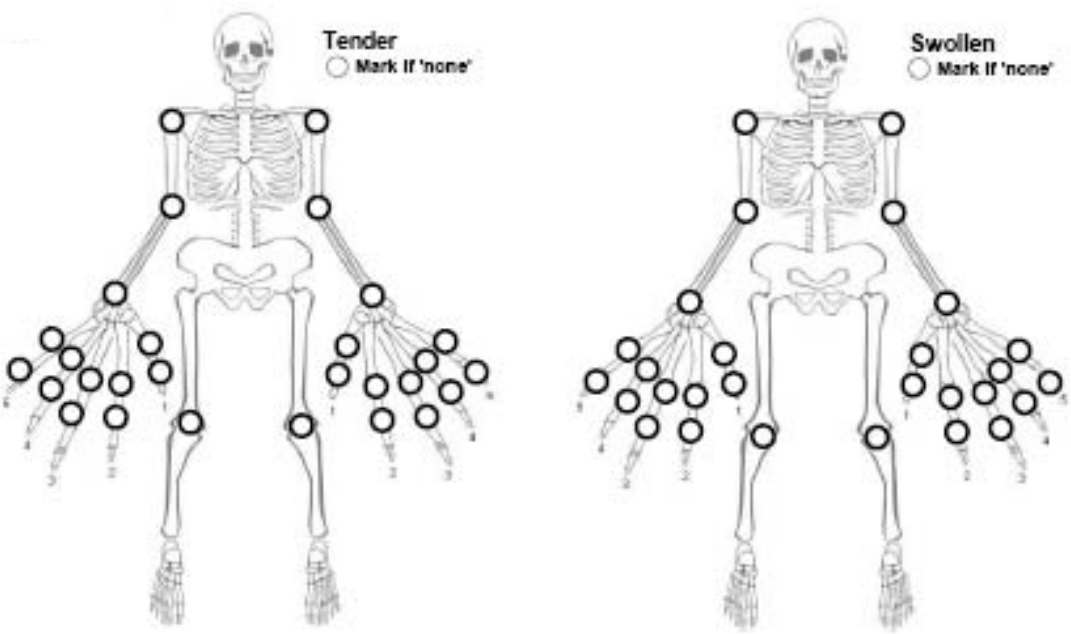
Patient assessment of global disease activity:
Considering ALL THE WAYS THAT YOUR ILLNESS AFFECTS YOU, rate how you are doing on the following scale. Place an X in the box below that best describes how you are doing.

VERY WELL O O O O O O O O O O O O O O O O O O O O O **VERY POOR**
0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

FOR PHYSISICAN USE ONLY

Provider assessment of global disease activity:

VERY WELL O O O O O O O O O O O O O O O O O O O O O **VERY POOR**
0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10



PtGA

+ PrGA

+ 28TJC

+ 28SJC

Total CDAI

Interpretation:

- Remission: CDAI ≤ 2.8
- Low Disease activity: 2.8 < CDAI ≤ 10
- Moderate Disease Activity: 10 < CDAI ≤ 22
- High Disease Activity: CDAI >22
- A CDAI reduction by 6.5 represents a moderate improvement.

Adapted from

1. Aletaha D, Smolen J. The simplified disease activity index (SDAI) and the clinical disease activity index (CDAI): A review of their usefulness and validity in rheumatoid arthritis. Clin Exp Rheumatol. 2005 Sep-Oct;23(5 Suppl 39):S100-8.
2. Smolen JS, Breedveld FC, Schiff MH, Kalden JR, Emery P, Eberl G, et al. A simplified disease activity index for rheumatoid arthritis for use in clinical practice. Rheumatology (Oxford). 2003 Feb;42(2):244-57.