RADAI-5

1. How active was your arthritis the last six months?

Completely Inactive ☐ Extremely Active

0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

2. How active is your arthritis today with respect to joint tenderness and swelling?

Completely Inactive ☐ Extremely Active

0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

3. How severe is your arthritis pain today?

No Pain ☐ Unbearable Pain

0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

4. How would you describe your general health today?

Very Good ☐ Very Bad

0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

5. Did you experience joint (hand) stiffness on awaking yesterday morning? If yes, how long was this stiffness?

No Stiffness ☐ Stiffness the whole day

0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

FOR PHYSICIAN USE ONLY

Q1 [ ] + Q2 [ ] + Q3 [ ] + Q4 [ ] + Q5 [ ] = [ ]

Interpretation

Remission: 0.0–1.4
Mild disease activity: 1.6–3.0
Moderate disease activity: 3.2–5.4
High disease activity: 5.6–10.0

Adapted from Leeb BF, Haindl PM, Maktari A, Nothnagl T, Rintelen B. Patient-centered rheumatoid arthritis disease activity assessment by a modified RADAI. J Rheumatol. 2008 Jul;35(7):1294-9.