RAPID4MDJC

MDHAQ

1. Please check (√) the ONE best answer for your abilities at this time:

OVER THE LAST WEEK, were you able to:	Without **ANY** Difficulty	With **SOME** Difficulty	With **MUCH** Difficulty	**UNABLE** To Do
a. Dress yourself, including tying shoelaces and doing buttons?	_____0	_____1	_____2	_____3
b. Get in and out of bed?	_____0	_____1	_____2	_____3
c. Lift a full cup or glass to your mouth?	_____0	_____1	_____2	_____3
d. Walk outdoors on flat ground?	_____0	_____1	_____2	_____3
e. Wash and dry your entire body?	_____0	_____1	_____2	_____3
f. Bend down to pick up clothing from the floor?	_____0	_____1	_____2	_____3
g. Turn regular faucets on and off?	_____0	_____1	_____2	_____3
h. Get in and out of a car, bus, train, or airplane?	_____0	_____1	_____2	_____3
i. Walk two miles or three kilometers, if you wish?	_____0	_____1	_____2	_____3
j. Participate in recreational activities and sports as you would like, if you wish?	_____0	_____1	_____2	_____3
k. Get a good night's sleep?	_____0	_____1	_____2	_____3
l. Deal with feeling of anxiety or being nervous?	_____0	_____1	_____2	_____3
m. Deal with feelings of depression of feeling blue?	_____0	_____1	_____2	_____3

*items k-m are not scored formally

Pain Scale

2. How much pain have you had because of your condition OVER THE PAST WEEK? Please indicate below how severe your pain has been:

NO PAIN ☐ SEVERE PAIN

0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

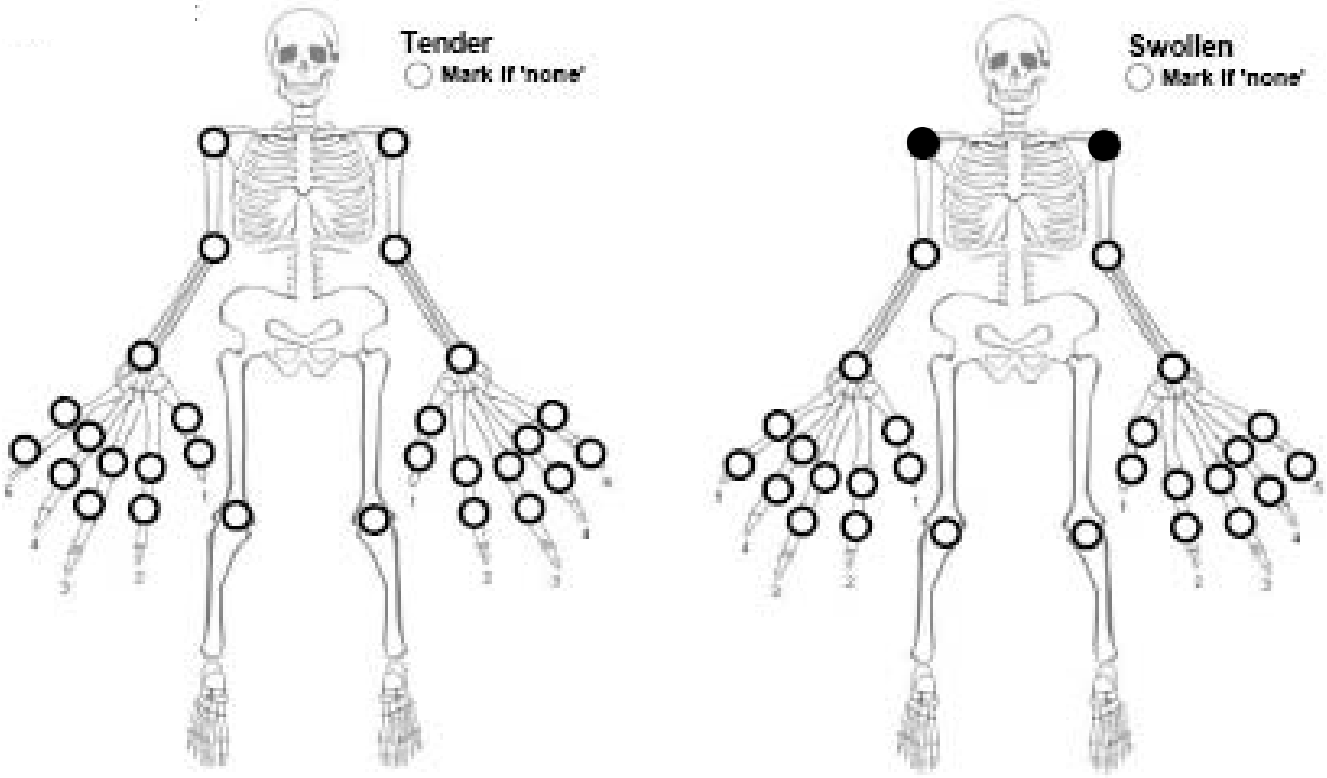
Patient global assessment

3. Considering all the ways in which illness and health may affect you at this time, please indicate below how you are doing:

VERY WELL ☐ VERY POORLY

0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

4. Provider 28 joint tender joint count and 26 swollen joint count (excludes shoulders).



Sum MDHAQ _____/10 * 3.3 = _____
+ Pain VAS _____
+ Patient Global VAS _____
+ TJC _____ + SJC_____/5.4 = _____
= Raw Score _____ / 4 = RAPID4MDJC _____

<u>Interpretation</u>
Near Remission: 0–1.0
Low: 1.1–2.0
Moderate: 2.1–4.0
High: 4.1–10.0

Adapted from
1. Pincus T, Bergman MJ, Yazici Y, Hines P, Raghupathi K, Maclean R. An index of only patient-reported outcome measures, routine assessment of patient index data 3 (RAPID3), in two abatacept clinical trials: Similar results to disease activity score (DAS28) and other RAPID indices that include physician-reported measures. Rheumatology (Oxford). 2008 Mar;47(3):345-9.
2. Pincus T, Sokka T, Kautiainen H. Further development of a physical function scale on a MDHAQ [corrected] for standard care of patients with rheumatic diseases. J Rheumatol. 2005 Aug;32(8):1432-9.
3. Pincus T, Swearingen CJ, Bergman M, Yazici Y. RAPID3 (routine assessment of patient index data 3), a rheumatoid arthritis index without formal joint counts for routine care: Proposed severity categories compared to disease activity score and clinical disease activity index categories. J Rheumatol. 2008 Nov;35(11):2136-47.