Simplified Disease Activity Index (SDAI)

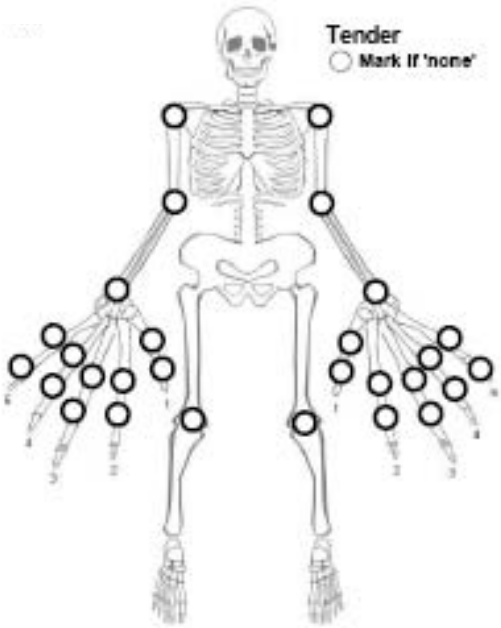
Patient assessment of global disease activity:
Considering ALL THE WAYS THAT YOUR ILLNESS AFFECTS YOU, rate how you are doing on the following scale. Place an X in the box below that best describes how you are doing.

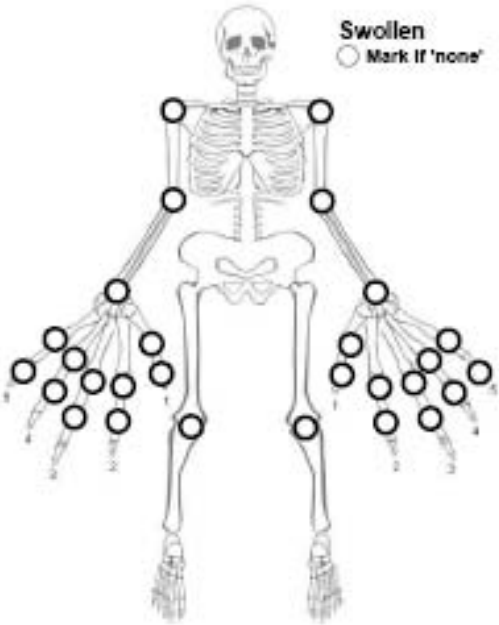
VERY WELL O O O O O O O O O O O O O O O O O O O O O **VERY POOR**
0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10.0

FOR PROVIDER USE ONLY

Provider assessment of global disease activity:

VERY WELL O O O O O O O O O O O O O O O O O O O O O **VERY POOR**
0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10.0





PtGA

+ PrGA

+ 28TJC

+ 28SJC

+CRP (mg/dl)

Total SDAI

Interpretation:

- Remission: SDAI ≤3.3
- Low Disease activity: 3.3 < SDAI ≤ 11
- Moderate Disease Activity: 11 < SDAI ≤ 26
- High Disease Activity: SDAI >26
- An SDAI reduction by 7 represents a moderate improvement. A reduction more than 17 represents a major improvement.

Adapted from

1. Smolen JS, Breedveld FC, Schiff MH, Kalden JR, Emery P, Eberl G, et al. A simplified disease activity index for rheumatoid arthritis for use in clinical practice. Rheumatology (Oxford). 2003 Feb;42(2):244-57.

2. Aletaha D, Smolen J, Ward MM. Measuring function in rheumatoid arthritis: Identifying reversible and irreversible components. Arthritis Rheum. 2006 Sep;54(9):2784-92.