

Nonbenzodiazepine Sleep Drugs Prescribed

I4C Indicator MED-PSY-004: Nonbenzodiazepine Sleep Drugs Prescribed v 1.1

Category: Medication Management/Psychoactive

Purpose:

This indicator is used to identify patients prescribed a nonbenzodiazepine medication for sleeping (z-drug).

Source:

Based on Sweden's Primary Care Quality Indicators, 2018.

Base Population:

All patients with an Active demographic status recorded in the EMR.

Indicator Segments:

Currently prescribed: Count of patients WITH at least one current z-drug prescription documented.

Only past prescriptions: Count of patients WITHOUT ANY current z-drug prescriptions documented AND WITH at least one past z-drug prescription documented.

Never Prescribed: Count of patients WITHOUT ANY current or past z-drug prescriptions documented.

Current z-drug prescription is any of the following medications (generic names listed) that are current (not discontinued) medications:

'doxepin'	'amitriptyline'	'zolpidem'	'trazodone'
'mirtazapine'	'eszopiclone'	'zopiclone'	'zaleplon'

Past z-drug prescription is any of the above medications that are past (discontinued) medications.

Suggested Indicator Use:

Physician or Practice use of this indicator is to identify or recall patients who are currently prescribed nonbenzodiazepine medications for sleeping.