

Obesity Screening

i4C Indicator PHC-OBES-001: Obesity Screening v 2.1

Category: Preventive Health Care/Obesity

Purpose:

This indicator is used to identify patients who are currently overweight or obese.

Source:

Based on the CIHI indicator framework version, published November 2012, and modified to align with obesity classes defined by Canadian Guidelines for Body Weight Classification in Adults, published in January 2015.

Base Population:

All patients age 18 and older with an Active demographic status recorded in the EMR.

Indicator Segments:

Obese Class 3: WITH latest BMI recorded greater than or equal to 40

Obese Class 2: WITH latest BMI recorded greater than or equal to 35 and less than 40

Obese Class 1: WITH latest BMI recorded greater than or equal to 30 and less than 35

Overweight: WITH latest BMI recorded greater than or equal to 25 and less than 30

Ideal weight: WITH latest BMI recorded greater than or equal to 18.5 and less than 25

Underweight: WITH latest BMI recorded less than 18.5

BMI not recorded: WITHOUT any BMI recorded

Patients with BMI recorded who are currently pregnant or whose height is not between 91.4 and 210.8 cm are excluded from weight classification segments.

Suggested Indicator Use:

Physician or practice use of this indicator is to identify patients who may benefit from referral to weight management programs or resources.